

BONITA UNIFIED SCHOOL DISTRICT

Dear Bonita Families,

The Bonita Unified School District fosters a culture that promotes the health, safety, and well-being of students, parents and staff. In an effort to continuously support this commitment, the district has partnered with Care Solace.

Care Solace is an online resource with a live 24/7 concierge meant to assist individuals in finding local mental health related programs and counseling services. Care Solace is a tool for school staff and families to connect with community-based mental healthcare resources and providers. Their proprietary care navigation system taps into a vast database of mental healthcare resources to find carefully vetted local therapists and programs in minutes.

School district families and staff may access Care Solace services in two ways:

1. Call (888) 515-0595 to speak with someone from your Concierge team
 - Representatives are standing by to take your call or email 24/7
2. Visit your custom district link: www.caresolace.com/bonitausd
 - Answer **ten easy questions** to receive an extensive list of referrals to applicable care providers. Care Solace takes into account all types of private insurance including Medi-Cal, Medicaid, and Medicare and those that have no insurance. The platform also filters by age, gender, zip code and special request.

Care Solace is now available for use by district families and staff at no cost. Care Solace does not require a name, address, phone number, or date of birth. All information entered on the Care Solace tool is completely confidential and securely stored.

Please note, this service is an optional resource available by choice and is not mandatory in any way. Care Solace is not an emergency response service or mental health services provider. In the event of a life threatening emergency, please call 9-1-1 or the National Suicide Hotline 1-800-273-8255. If you are interested in seeking counseling-related services at this time, please consider visiting www.caresolace.com/bonitausd

Warmest regards,

Carl J. Coles
Superintendent
Bonita Unified School District



STAFF WELLNESS PROGRAM

Care Solace makes it easier for staff and their families to connect with mental healthcare resources and providers in their communities.

OUR PURPOSE

To connect communities to reliable, ethical and high-quality mental healthcare services.

Care Solace makes it easier for staff and their families to connect with mental healthcare resources and providers in their communities. This service is completely confidential and anonymous.

CARE CONCIERGE BY CARE SOLACE

The Care Concierge takes the stress off district staff by breaking down the barriers to mental healthcare. Care Solace is a resource available to district families and staff for free.

This 24/7 team of care coordinating experts guides and supports families throughout the entire process. We only refer to trusted and ethical providers. The team speaks English, Spanish, Mandarin, Cantonese and Vietnamese.

PERSONAL CONCIERGE ASSISTANCE WITH:

- Accessing vetted mental health providers
- Discovering virtual therapy options
- Assessing provider availability
- Reducing wait times into care
- Navigating Insurance or no insurance
- Scheduling an appointment(s)
- Phone, email, video chat
- Response time is typically within 15-minutes or less

TALK TO US

1-888-515-0595

weserve@caresolace.org

www.caresolace.com/bonitausd

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